

We are the only PARKINSON'S FOUNDATION CENTER OF EXCELLENCE in the region with comprehensive care including doctors specialized in the diagnostics, treatment, research, and education of Parkinson's disease. We have a large multi-disciplinary team including healthcare professionals specialized in Parkinson's disease in the areas of psychology, speech, physical therapy, occupational therapy, dietetics, social work, pharmacy, neuropsychology, and neurosurgery, including a large deep brain stimulation program.

Welcome Katie Henn, Pharmacist, to the Parkinson's Disease and Movement Disorder Team!

Katie is a graduate of the University of Kansas School of Pharmacy and completed her pharmacy residency in Ambulatory Care at the Medical University of South Carolina. She joined the University of Kansas Health System in July 2022 as the clinical pharmacist for the Comprehensive Epilepsy Center and recently expanded her role to support the Movement Disorder Clinic. She is looking forward to joining the clinic. She enjoys spending time with her husband, Adam, and cat, Ollie. She also enjoys traveling, reading, and running. As a pharmacist in the Parkinson's Disease and Movement Disorder Clinic, she educates patients on their Parkinson's medications, assists with medication access and affordability, and aids patients in managing OFF time, dyskinesia, and nonmotor symptoms of Parkinson's disease.



RAJESH PAHWA, MD
Laverne & Joyce Rider
Professor of Neurology
Director, Parkinson's
Disease and Movement
Disorder Center



KELLY LYONS, PhD
Research Professor
of Neurology
Director, Research and
Education, Parkinson's Disease
and Movement Disorder Center

TREMOR CORNER

ET Studies Ongoing!

JZP385 – New medication for moderate to severe arm/ hand tremor. Cannot be taking primidone.

Several new studies for ET will be starting soon! Two studies will be continuing to assess non-surgical peripheral stimulation to control hand/arm tremor and another study will be assessing a non-surgical form of focused ultrasound. More information coming soon!

To participate in a research study or for more information, email pdetcenter@kumc.edu or call 913-588-7159

The International Essential Tremor Foundation (IETF) provides education, support and resources for ET. Visit www.essentialtremor.org for upcoming programs and more information.

PARKINSON'S STUDIES CURRENTLY RECRUITING

1. **Early PD - Control of Symptoms**
CVN424 - not taking PD medications, symptoms < 4 years
2. **Non-Motor Symptoms (thinking, memory, dizziness, fatigue, anxiety, depression, etc.)**
STEM-PD - Headphone-like device for non-motor symptoms
3. **PD patients experiencing OFF time (poor symptom control)**
ITI - at least 2.5 hrs OFF time daily and some dyskinesia
Diary Study - assessing OFF, diagnosed > 3 yrs & >3 hrs OFF
4. **PD Patients recently diagnosed and having memory issues**
5. **PD patients with medication resistant tremor**
6. **Simulated horseback riding for persons not exercising**
7. **Persons with multiple system atrophy (MSA)**
8. **Persons with Lewy Body Dementia (LBD) (memory issues)**
9. **Persons with progressive supranuclear palsy (PSP)**
10. **PD Generation: Mapping the Future of Parkinson's Disease**
Testing for 7 genes that may increase PD risk.
Anyone with PD can participate in person or virtually
11. **The Parkinson's Progression Markers Initiative (PPMI)**
 1. Parkinson's Disease cohort (PD diagnosed within the last 2 years, not on or expected to need PD medication for 6 months)
 2. Prodromal cohort (1st degree relative with PD, REM sleep behavior disorder (RBD), or known genetic variants; 60+ years of age),
 3. Healthy Controls (30+ years of age)

information about any research studies, please email PDETCenter@kumc.edu or call 913-588-7159.

Parkinson's Disease Virtual Educational Series 2024 Register Early for January and February Courses!

January 23, 2024, 7pm Central time

What are the Recent Advances in Diagnosis, Slowing Progression, and Treating Early Parkinson's Disease?

CLICK HERE to REGISTER for January 23, 2024 Course

January 30, 2024, 7pm Central time

How Do I Recognize OFF Symptoms and How Can They Be Controlled?

CLICK HERE to REGISTER for January 30, 2024 Course

February 6, 2024, 7pm Central time

What Medical and Surgical Options Are Available As My Parkinson's Disease Advances and OFF and Dyskinesia Are Increased?

CLICK HERE to REGISTER for February 6, 2024 Course

February 13, 2024, 7pm Central time

How Do I Recognize and Treat Non-Motor Symptoms of PD

CLICK HERE to REGISTER for February 13, 2024 Course

February 20, 2024, 7pm Central time

What Wellness Strategies Can Help Me Live Better With PD?

CLICK HERE to REGISTER for February 20, 2024 Course

Visit our website: KUMC.EDU/PARKINSON for more information about PD and ET