# **Consent for Services**

## KUMC Student Health, Counseling and Educational Support Services

Student Health Services (SHS) and Counseling & Educational Support Services (CESS) provides health services, personal and educational counseling, psychological and learning assessment, and psychiatric services. SHS also assists students with health and immunization requirements to ensure optimal safety in practice and research initiatives. Our services are primarily designed to support health, personal growth through academic achievement, and the maintenance of emotional well-being.

#### Policy for Use of Health, Counseling & Educational Support Services

For SHS, students enrolled in an on-campus course (Kansas City) pay the "Health Services" fee are eligible for services. For CESS, students who have paid the "Educational Services" fee, residents, post-doctoral fellows and accompanying partners or family members (couples/family counseling only) are eligible for services. Students who haven't paid these fees but are in academic programs with a strong KUMC affiliation may receive services by paying these fees by semester or year. There is no fee for a health, counseling, educational, or psychiatric appointment. Fees may be assessed for specific procedures, tests, or no-showed appointments. If you have questions about fees for these services, you should contact SHS or CESS.

#### **Student Health Services Financial Policy**

I authorize SHS to furnish requested information or excerpts from the patient's record to any insurance company, health plan or sponsoring agency who may be providing financial assistance for medical care (as well as any agents or review agencies necessary for processing any claim), including Medicare and Medicaid, for the purpose of obtaining payment; and to any physician, hospital, laboratory, radiological facility or other health care provider from which the patient has been referred or to which the patient is being referred as is necessary to support continuity of care. I understand that these medical records may include all information relative to the patient's physical condition, past and present, including the diagnosis and history of the patient's case, psychiatric history and alcohol or drug abuse information. I also understand that these records may be protected by Federal Regulations. I agree that KUMC Student Health, its agents and employees, are not liable if individuals or companies to whom they release medical or financial information disclose the information without my written consent.

#### Client Rights & Responsibilities

- <u>Evaluation:</u> You are encouraged to discuss your progress your provider. If you feel that you are not making progress toward your goals, you should discuss this directly with the staff member. If necessary, you may terminate services with the staff member or ask him or her to refer you to another department provider or external agency.
- <u>Active Participation:</u> In order for services to be effective, it is necessary for you to take an active role. We invite you to be authentic, discussing concerns openly, completing outside assignments when appropriate, listening, and providing feedback.
- <u>Keeping Appointments:</u> We expect that you will notify us at least 24 hours in advance if you cannot or choose not to keep an appointment. If you repeated no-shows or cancellations with less than 24 hours, her or his slot will be given to another individual. You may be assessed a fee for no-shows or late cancellations. We will always attempt to contact you if we need to change an appointment. Occasionally, an emergency will prevent us from doing so in a timely manner.
- End or Begin Services with Another Agency for Counseling: If you decide to end services or begin receiving services from another agency, we request that you discuss your decision with your provider.

#### **Professional Staff Member Rights**

- Refuse Services While Under the Influence of Alcohol or Drugs: At the staff's discretion, individuals may be refused services if she or he is currently under the influence of drugs or alcohol.
- <u>Terminate or Refer to Another Service Provider:</u> When we believe that our services are not or will not be appropriate for you, we may, after discussing our reasons with you, decide to end services and refer you to another provider or agency in the community.

### **Psychological Crisis Intervention**

If you are experiencing a crisis (e.g. traumatic event, health problem, sexual assault, unplanned pregnancy) or have thoughts of harming yourself or others, a counselor is available for emergencies from 8 AM to 5 PM weekdays. Call 913-588-6580 or come to Counseling & Educational Support Services. Between 5 PM and 8 AM weekdays or on weekends, call the Counselor-On-Call at 913-917-6283 or 911 or go to the nearest hospital emergency department.